

HAWL Spring Newsletter



March 2023

www.hawl.co.uk



Welcome to our new Newsletter, which we hope to send out quartley, and we hope that you will find it both infortmative and interesting! We have had quite a busy start to the year with the last of our Winter Lunchtime Learning webinars on Birthing Remedies, and we are just preparing for the final day of our in-person course, the first of the year and being held in mid-Wales. We have lots more planned for the rest of the year, so for those who have already taken our course and joined the HAWL family please do share with others. or get in touch if you would like to find out more information or indeed reserve your place!

We hope Spring goes well for you all, whether you are in the middle of lambing right now, preparing for it or generally getting on with things!

Chris and Jayne

**New
Course
Dates**

In Person Course in Tetbury

Starting 13th September 23

Online Course

Starting 6th November 23

**New
Course
Dates**

Please email secretary@hawk.co.uk for further information or to reserve your place

Are you from Ireland? Did you know that NOTS are offering subsidiaries for our courses? Please either email secretary@hawk.co.uk for more information

HAWL Membership Benefits

Once you have taken our course, you can become a Member which gives you access to:

Free homoeopathic vet helpline

Personal tutoring sessions

Lunchtime Learning webinars

Access to hours of audio tracks and previous webinars

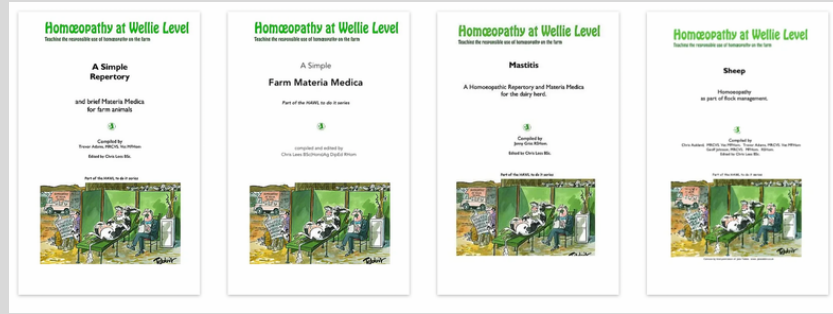
**Have you already
taken our course?**

**We would love to hear how you
have used remedies to hep your
animals!**

Email secretary@hawk.co.uk

HAWL Booklets

Did you know that we have produced useful guides, repertories and Materia Medicas? They have all been written with homoeopathic vets and are A5 with protective coverings. You can purchase them from our website <https://www.hawl.co.uk/shop>



We would like to say a grateful thank you to the Pelegrin Trust who has made a generous donation this month to HAWL. Without donations such as these we would not be able to offer our courses at such affordable prices. As a not-for-profit organisation we rely heavily on donations to keep the costs to our farmers as low as possible!

Get inspired to use homeopathy to improve farm animal health with HAWL!

Live Zoom

With: Jayne Lyons @ HAWL

JOIN US ON ZOOM
Please follow the link in the message below.
Q&A will follow this presentation, which will be recorded

WEDNESDAY 15TH MARCH 2023 | 7:00 PM

PFFA The People's Food and Farming Alliance
for The People, by The People

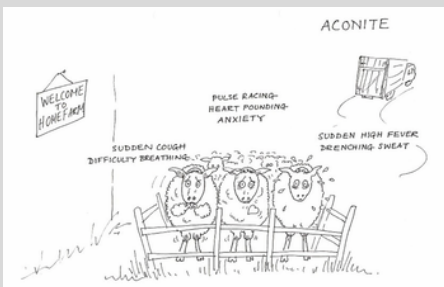
The People's Food and Farming Alliance Webinar
Our Secretary, Jayne, was invited by the People's Food and Farming Alliance to explain to it's members how HAWL and homoeopathy can help farmers and their animals. The PFFA are very excited about our work at HAWL and we hope to welcome many of its members to the HAWL family in the future!

If the Picture Fits....

Every newsletter we will be shining a spotlight on a remedy and how it can be used by farmers and smallholders. For our first remedy we have chosen

ACONITE

There are many occasions in the farming year when Aconite may be useful, in situations when we know the animal are not going to be hurt or die, but they are not so sure...Aconite can help keep them (and you) calm. It is indicated in mastitis if the inflammation comes on suddenly after exposure to cold winds, or after fright. Sudden onset of symptoms, fevers that are high and dry and have come on suddenly followed by drenching sweat, short hacking cough, mucous membranes very dry.



Modalities:

Worse: < fright, cold dry weather, cold east winds, 12 midnight or midday
Better: > open air, warmth, sweat

This does not replace veterinary advice